



Wigan & Leigh

Our walk in clinics are closed for now, but we are still open during COVID-19

Are you under 19?

Our *Relationship & Sex Education Team* are available to support home learning and keeping you safe, and can discuss the following:

- Healthy and unhealthy relationships
- Understanding influences and building resilience and self-esteem
- General information around contraception, STI's & accessing sexual health services
- Positive and safe use of social media

How to contact us

You can email your questions to:

wigan.leigh@spectrum-cic.nhs.uk

Please **call** our clinic on:

01942 483188

Please **text 'CALL ME'** to:

07864 966755

You will be added to a telephone consultation list, and a Doctor or nurse will ring you back.

For more information and clinic opening times please visit:

www.sexual-health.co.uk

Our free and confidential service includes:

- Sexual health advice
- Sexually Transmitted Infections (STIs) testing and management
- Pregnancy testing and support
- Contraception provision
- Emergency contraception
- Condoms, including the C-Card scheme for 16-25 year olds
- PEPSE (Post exposure prophylaxis following HIV exposure)
- Emergency STI care e.g. severe pain

We offer a confidential service from a friendly team of specialist doctors, nurses, health advisors, support workers, receptionists and relationship and sex education workers. We welcome people of any age, gender, ethnicity and sexual orientation.



@SpectrumSHARP



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